

Ruqyah رُقْيَة

WITH NIZAM · THE VERSE LIBRARY

Expulsion (khuruj)

56 passages of the Quran, gathered for this purpose — Arabic, transliteration and Sahih International translation.

الخروج

"THESE VERSES ARE SEVERE AND POWERFUL FOR THE EXIT OF THE MASS, OR FOR EXHAUSTING AND BURNING IT, AND EVEN FOR EXTRACTING SIHR FROM THE BODY OR THE HOUSE, BY RE

How to use this set

Make wudū', sit somewhere quiet, and begin with *A'ūdhu billāhi minash-shayṭānir-rajīm* and *Bismillāh*.

Recite clearly and with presence of heart. You need not finish the whole set in one sitting — consistency over quantity.

Blow lightly into your palms and wipe over the head, face and body, or recite over water and oil.

Ruqyah runs alongside medical care, never instead of it. Not every illness is spiritual — please keep seeing your doctor.

Ruqyah itself is always free at Ruqyah with Nizam. Text of the Quran: Uthmani script; translation: Sahih International. Please report any typo to us so it can be corrected.

Contents

Al-Baqarah	2:72	Al-Mu'minūn	23:35
Al-Baqarah	2:85	Al-Mu'minūn	23:106–107
Al-Baqarah	2:149–150	An-Nūr	24:53
Al-Baqarah	2:191	Ash-Shu'arā'	26:57
Al-Baqarah	2:243	Ash-Shu'arā'	26:167
Āl 'Imrān	3:27	An-Naml	27:37
An-Nisā'	4:75	An-Naml	27:67
Al-Mā'idah	5:22–25	Al-Qaṣaṣ	28:20–21
Al-An'ām	6:93	Ar-Rūm	30:19
Al-An'ām	6:95	Ar-Rūm	30:25
Al-A'rāf	7:13	Fāṭir	35:37
Al-A'rāf	7:18	Yā Sīn	36:33
Al-A'rāf	7:25	Saba'	34:2
Al-A'rāf	7:58	Ghāfir	40:11
Al-A'rāf	7:82	Az-Zukhruf	43:11
At-Tawbah	9:57	Muḥammad	47:13
At-Tawbah	9:64	Muḥammad	47:29
Yūnus	10:31	Al-Faṭḥ	48:22
Ibrāhīm	14:13	Qāf	50:11
Al-Ḥijr	15:34	Qāf	50:42
An-Naḥl	16:69	Adh-Dhāriyāt	51:35
An-Naḥl	16:78	Al-Qamar	54:7
Ṭā Hā	20:55	Al-Qamar	54:45
Al-Ḥajj	22:22	Ar-Raḥmān	55:22

Al-Ḥashr 59:2
Al-Munāfiqūn 63:8
Aṭ-Ṭalāq 65:2
Al-Ma'ārij 70:43

Nūḥ 71:18
Al-Inshiqāq 84:1–5
Aṭ-Ṭāriq 86:7
Az-Zalzalah 99:2

وَإِذْ قَتَلْتُمْ نَفْسًا فَادَرْتُمْ فِيهَا^ط وَاللَّهُ مُخْرِجُ مَا كُنْتُمْ تَكْتُمُونَ ﴿٧٢﴾

Wa iz qataltum nafsan faddaara'tum feehaa wallaahu mukrijum maa kuntum taktumoon

And [recall] when you slew a man and disputed over it, but Allah was to bring out that which you were concealing.

ثُمَّ أَنْتُمْ هَؤُلَاءِ تَقْتُلُونَ أَنْفُسَكُمْ وَتُخْرِجُونَ فَرِيقًا مِّنْكُمْ مِّن دِيَارِهِمْ تَظْهَرُونَ عَلَيْهِم بِالْإِثْمِ وَالْعُدُوانِ وَإِنْ يَأْتِوكُمْ أُسْرَىٰ تَفْدُوهُمْ وَهُمْ حُرْمٌ عَلَيْكُمْ إِخْرَاجُهُمْ أَفْئُتُمُونَ بِبَعْضِ الْكِتَابِ وَتَكْفُرُونَ بِبَعْضٍ فَمَا جَزَاءُ مَنْ يَفْعَلُ ذَلِكَ مِنْكُمْ إِلَّا خِزْيٌ فِي الْحَيَاةِ الدُّنْيَا وَيَوْمَ الْقِيَمَةِ يُرَدُّونَ إِلَىٰ أَشَدِّ الْعَذَابِ^ط وَمَا اللَّهُ بِغَفِلٍ عَمَّا تَعْمَلُونَ ﴿٨٥﴾

Summa antum haaa'ulaaa'i taqtuloona anfusakum wa tukhrijoona fareeqam minkum min diyaarihim tazaaharoona 'alaihim bil ismi wal'udwaani wa iny yaatookum usaaraa tufaadoohum wahuwa muharramun 'alaikum ikhraajuhum; afatu' mi-noona biba'dil Kitaabi wa takfuroona biba'd; famaa jazaaa'u mai yaf'alu zaalika minkum illaa khizyun fil hayaatid-dunyaa wa yawmal qiyaamati yuraddoona ilaaa ashaddil 'azaab; wa mal laahu bighaafilin 'ammaa ta'maloon

Then, you are those [same ones who are] killing one another and evicting a party of your people from their homes, cooperating against them in sin and aggression. And if they come to you as captives, you ransom them, although their eviction was forbidden to you. So do you believe in part of the Scripture and disbelieve in part? Then what is the recompense for those who do that among you except disgrace in worldly life; and on the Day of Resurrection they will be sent back to the severest of punishment. And Allah is not unaware of what you do.

وَمِنْ حَيْثُ خَرَجْتَ فَوَلِّ وَجْهَكَ شَطْرَ الْمَسْجِدِ الْحَرَامِ^ط وَإِنَّهُ لَلْحَقُّ مِنْ رَبِّكَ^ط وَمَا اللَّهُ بِغَفِلٍ عَمَّا تَعْمَلُونَ ﴿١٤٩﴾

Wa min haisu kharajta fawalli wajhaka shatral Masjidil Haraami wa innahoo lalhaqqu mir Rabbik; wa mallaahu bighaafilin 'ammaa ta'maloon

So from wherever you go out [for prayer, O Muhammad] turn your face toward al- Masjid al-Haram, and indeed, it is the truth from your Lord. And Allah is not unaware of what you do.

وَمِنْ حَيْثُ خَرَجْتَ فَوَلِّ وَجْهَكَ شَطْرَ الْمَسْجِدِ الْحَرَامِ ۚ وَحَيْثُ مَا كُنْتُمْ فَوَلُّوا وُجُوهَكُمْ شَطْرَهُ ۚ
لئَلَّا يَكُونَ لِلنَّاسِ عَلَيْكُمْ حُجَّةٌ إِلَّا الَّذِينَ ظَلَمُوا مِنْهُمْ فَلَا تَخْشَوْهُمْ وَاخْشَوْنِي وَلَئِتَمَّ نِعْمَتِي عَلَيْكُمْ
وَلَعَلَّكُمْ تَهْتَدُونَ ﴿150﴾

*Wa min haisu kharajta fawalli wajhaka shatral Masjidil Haraam; wa haisu maa kuntum fawalloo wujoohakum
shatrahoo li'allaa yakoona linnaasi 'alaikum hujjatun illal lazeena zalamoo minhum falaa takhshawhum
wakhshawnee wa liutimma ni'matee 'alaikum wa la'allakum tahtadoon*

And from wherever you go out [for prayer], turn your face toward al-Masjid al-Haram. And wherever you [believers] may be, turn your faces toward it in order that the people will not have any argument against you, except for those of them who commit wrong; so fear them not but fear Me. And [it is] so I may complete My favor upon you and that you may be guided.

وَأَقْتُلُوهُمْ حَيْثُ ثَقِفْتُمُوهُمْ وَأَخْرِجُوهُمْ مِّنْ حَيْثُ أَخْرَجُوكُمُ ۚ وَالْفِتْنَةُ أَشَدُّ مِنَ الْقَتْلِ ۚ وَلَا
تَقْتُلُوهُمْ عِنْدَ الْمَسْجِدِ الْحَرَامِ حَتَّىٰ يَقْتُلُوكُمْ فِيهِ ۚ فَإِنْ قَتَلُوكُمْ فَأَقْتُلُوهُمْ ۚ كَذَٰلِكَ جَزَاءُ الْكَافِرِينَ

﴿191﴾

*Waqtuloohum haisu saqif tumoohum wa akhrijoohum min haisu akhrajookum; walfitnatu ashaddu minal qatl;
wa laa tuqaatiloohum 'indal Majidil Haraami hattaa yaqaatiloookum feehee fa in qaatalookum faqtuloohum;
kazaalika jazaaa'ul kaafireen*

And kill them wherever you overtake them and expel them from wherever they have expelled you, and fitnah is worse than killing. And do not fight them at al-Masjid al-Haram until they fight you there. But if they fight you, then kill them. Such is the recompense of the disbelievers.

* أَلَمْ تَرَ إِلَى الَّذِينَ خَرَجُوا مِنْ دِيَارِهِمْ وَهُمْ أُلُوفٌ حَذَرَ الْمَوْتِ فَقَالَ لَهُمُ اللَّهُ مُوتُوا ثُمَّ أَحْيَاهُمْ ۚ
إِنَّ اللَّهَ لَذُو فَضْلٍ عَلَى النَّاسِ وَلَٰكِنَّ أَكْثَرَ النَّاسِ لَا يَشْكُرُونَ ﴿243﴾

*Alam tara ilal lazeena kharajoo min diyaarihim wa hum uloofun hazaral mawti faqaaala lahumul laahu mootoo
summa ahyaaahum; innal laaha lazoo fadlin 'alannaasi wa laakinna aksarannaasi laa yashkuroon*

Have you not considered those who left their homes in many thousands, fearing death? Allah said to them, "Die"; then He restored them to life. And Allah is full of bounty to the people, but most of the people do not show gratitude.

تُوجِلُ اللَّيْلَ فِي النَّهَارِ وَتُوجِلُ النَّهَارَ فِي اللَّيْلِ ۖ وَتُخْرِجُ الْحَيَّ مِنَ الْمَيِّتِ وَتُخْرِجُ الْمَيِّتَ مِنَ الْحَيِّ ۖ وَتَرْزُقُ مَنْ تَشَاءُ بِغَيْرِ حِسَابٍ ﴿٢٧﴾

Toolijul laila fin nahaari wa toolijun nahaara fil laili wa tukhrijul haiya minalmaiyiti wa tukhrijulo maiyita minal haiyi wa tarzuqu man tashaaa'u bighari hisab

You cause the night to enter the day, and You cause the day to enter the night; and You bring the living out of the dead, and You bring the dead out of the living. And You give provision to whom You will without account."

وَمَا لَكُمْ لَا تُقَاتِلُونَ فِي سَبِيلِ اللَّهِ وَالْمُسْتَضْعَفِينَ مِنَ الرِّجَالِ وَالنِّسَاءِ وَالْوِلْدَانِ الَّذِينَ يَقُولُونَ رَبَّنَا أَخْرِجْنَا مِنْ هَذِهِ الْقَرْيَةِ الظَّالِمِ أَهْلُهَا وَاجْعَل لَّنَا مِن لَّدُنكَ وَلِيًّا وَاجْعَل لَّنَا مِن لَّدُنكَ نَصِيرًا ﴿٧٥﴾

Wa maa lakum laa tuqaatiloona fee sabeelil laahi walmustad'afeena minar rijaali wannisaaa'i walwildaaniil lazeena yaqooloona Rabbanaaaa akhrijnaa min haazihil qaryatiz zaalimi ahluhaa waj'al lanaa mil ladunka waliyanw waj'al lanaa mil ladunka naseeraa

And what is [the matter] with you that you fight not in the cause of Allah and [for] the oppressed among men, women, and children who say, "Our Lord, take us out of this city of oppressive people and appoint for us from Yourself a protector and appoint for us from Yourself a helper?"

قَالُوا يُمُوسَىٰ إِنَّ فِيهَا قَوْمًا جَبَّارِينَ وَإِنَّا لَن نَدْخُلُهَا حَتَّىٰ يَخْرُجُوا مِنهَا فَإِن يَخْرُجُوا مِنهَا فَإِنَّا دُخِلُونَ ﴿٢٢﴾

Qaaloo yaa Moosaaa innaa feehaa qwman jabbaareena wa innaa lan nadkhulaha hatta yakhrujoo minhaa fa innaa daakhiloon

They said, "O Moses, indeed within it is a people of tyrannical strength, and indeed, we will never enter it until they leave it; but if they leave it, then we will enter."

قَالَ رَجُلَانِ مِنَ الَّذِينَ يَخَافُونَ أُنْعِمَ اللَّهُ عَلَيْهِمَا ادْخُلُوا عَلَيْهِمُ الْبَابَ فَإِذَا دَخَلْتُمُوهُ فَإِنَّكُمْ غَالِبُونَ
وَعَلَى اللَّهِ فَتَوَكَّلُوا إِن كُنْتُمْ مُؤْمِنِينَ ﴿23﴾

Qaala rajulaani minal lazeena yakhaafoona an'amal laahu 'alaihima adkhuloo 'alaihima albaab, fa izaadakhaltumooahu fa innakum ghaaliboon; wa 'alal laahi fatawakkalooo in kuntum mu'mineen

Said two men from those who feared [to disobey] upon whom Allah had bestowed favor, "Enter upon them through the gate, for when you have entered it, you will be predominant. And upon Allah rely, if you should be believers."

قَالُوا يَمُوسَىٰ إِنَّا لَن نَدْخُلُهَا أَبَدًا مَا دَامُوا فِيهَا فَادْهَبْ أَنْتَ وَرَبُّكَ فَقَاتِلَا إِنَّا هَاهُنَا قَاعِدُونَ ﴿24﴾

Qaaloo yaa Moosaaa innaa lan nadkhulahaab abadam maa daamoo feehaa fazhab anta wa Rabbuka faqaatilaaa innaa haahunaa qaa'idoon

They said, "O Moses, indeed we will not enter it, ever, as long as they are within it; so go, you and your Lord, and fight. Indeed, we are remaining right here."

قَالَ رَبِّ إِنِّي لَا أَمْلِكُ إِلَّا نَفْسِي وَأَخِي فَافْرِقْ بَيْنَنَا وَبَيْنَ الْقَوْمِ الْفَاسِقِينَ ﴿25﴾

Qaala Rabbi innee laaa amliku illaa nafsee wa akhee fafruq bainanaa wa bainal qawmil faasiqeen

[Moses] said, "My Lord, indeed I do not possess except myself and my brother, so part us from the defiantly disobedient people."

وَمَنْ أَظْلَمُ مِمَّنِ افْتَرَىٰ عَلَى اللَّهِ كَذِبًا أَوْ قَالَ أُوحِيَ إِلَيَّ وَلَمْ يُوحَ إِلَيْهِ شَيْءٌ وَمَنْ قَالَ سَأُنْزِلُ مِثْلَ مَا أَنْزَلَ اللَّهُ وَلَوْ تَرَىٰ إِذِ الظَّالِمُونَ فِي غَمَرَاتِ الْمَوْتِ وَالْمَلَائِكَةُ بَاسِطُو أَيْدِيهِمْ أَخْرِجُوا أَنْفُسَكُمُ الْيَوْمَ تُجْزَوْنَ عَذَابَ الْهُونِ بِمَا كُنْتُمْ تَقُولُونَ عَلَى اللَّهِ غَيْرَ الْحَقِّ وَكُنْتُمْ عَنْ آيَاتِهِ تَسْتَكْبِرُونَ ﴿٩٣﴾

Wa man azlamu mimmanif taraa 'alal laahi kaziban aw qaala oohiya ilaiya wa lam yooaha ilaihi shai'un wa man qaala sa unzilu misla maaa anzalal laah; wa law taraaa iziz zaalimoona fee ghamaraatil mawti walmalaaa'ikatu baasitooo aideehim akhrijooo anfusakum; al yawma tujzawna 'azaabal hooni bima kuntum taqooloona 'alal laahi ghairal haqqi wa kuntum 'an aayaatihee tastakbiroon

And who is more unjust than one who invents a lie about Allah or says, "It has been inspired to me," while nothing has been inspired to him, and one who says, "I will reveal [something] like what Allah revealed." And if you could but see when the wrongdoers are in the overwhelming pangs of death while the angels extend their hands, [saying], "Discharge your souls! Today you will be awarded the punishment of [extreme] humiliation for what you used to say against Allah other than the truth and [that] you were, toward His verses, being arrogant."

* إِنَّ اللَّهَ فَالِقُ الْحَبِّ وَالنَّوَىٰ يُخْرِجُ الْحَيَّ مِنَ الْمَيِّتِ وَيُخْرِجُ الْمَيِّتَ مِنَ الْحَيِّ ذَلِكُمُ اللَّهُ فَأَنَّى تُؤْفَكُونَ ﴿٩٥﴾

Innal laaha faaliqul habbi wannawaa yukhrijul haiya minal maiyiti wa mukhrijul maiyiti minal haiy; zaalikumul laahu fa annaa tu'fakoon

Indeed, Allah is the cleaver of grain and date seeds. He brings the living out of the dead and brings the dead out of the living. That is Allah; so how are you deluded?

قَالَ فَاهْبِطْ مِنْهَا فَمَا يَكُونُ لَكَ أَنْ تَتَكَبَّرَ فِيهَا فَاخْرُجْ إِنَّكَ مِنَ الصُّغَرَيْنِ ﴿١٣﴾

Qaala fahbit minhaa famaa yakoona laka an tatakabbara feehaa fakhruj innaka minas saaghireen

[Allah] said, "Descend from Paradise, for it is not for you to be arrogant therein. So get out; indeed, you are of the debased."

قَالَ أَخْرِجْ مِنْهَا مَذْمُومًا مَذْهُورًا لِمَنْ تَبِعَكَ مِنْهُمْ لَأَمْلَأَنَّ جَهَنَّمَ مِنْكُمْ أَجْمَعِينَ ﴿١٨﴾

Qaalakh ruj mnhaa maz'oomam madhooraa; laman tabi'aka minhum la amla'anna Jahannama minkum ajma'een

[Allah] said, "Get out of Paradise, reproached and expelled. Whoever follows you among them - I will surely fill Hell with you, all together."

قَالَ فِيهَا تَحْيَوْنَ وَفِيهَا تَمُوتُونَ وَمِنْهَا تُخْرَجُونَ ﴿٢٥﴾

Qaala feehaa tahyawna wa feehaa tamootoona wa minhaa tukhrajoon

He said, "Therein you will live, and therein you will die, and from it you will be brought forth."

وَالْبَلَدُ الطَّيِّبُ يَخْرُجُ نَبَاتُهُ بِإِذْنِ رَبِّهِ وَالَّذِي خَبَثَ لَا يُخْرِجُ إِلَّا نَكِدًا كَذَلِكَ نُصَرِّفُ الْآيَاتِ لِقَوْمٍ يَشْكُرُونَ ﴿٥٨﴾

Walbaladut taiyibu yakhruju nabaatuhoo bi-izni Rabbihee wallazee khabusa laa yakhruju illaa nakidaa;

kazaalika nusarriful Aayaati liqawminy yashkuroon

And the good land - its vegetation emerges by permission of its Lord; but that which is bad - nothing emerges except sparsely, with difficulty. Thus do We diversify the signs for a people who are grateful.

وَمَا كَانَ جَوَابَ قَوْمِهِ إِلَّا أَنْ قَالُوا أَخْرِجُوهُمْ مِّنْ قَرْيَتِكُمْ إِنَّهُمْ أَنَاسٌ يَّتَطَهَّرُونَ ﴿٨٢﴾

Wa maa kaana jawaaba qawmihee illaa an qaalooo akhrijoohum min qaryatikum innahum unaasuny yatatah haroon

But the answer of his people was only that they said, "Evict them from your city! Indeed, they are men who keep themselves pure."

لَوْ يَجِدُونَ مَلْجَأً أَوْ مَغْرَبًا أَوْ مَدْخَلًا لَّوَلُوا إِلَيْهِ وَهُمْ يَجْمَحُونَ ﴿٥٧﴾

Law yajidoona malja'an aw maghaaraatin aw mudda khalal lawallaw ilaihi wa hum yajmahoon

If they could find a refuge or some caves or any place to enter [and hide], they would turn to it while they run heedlessly.

يَحْذَرُ الْمُنَافِقُونَ أَنْ تُنْزَلَ عَلَيْهِمْ سُورَةٌ تُنَبِّئُهُمْ بِمَا فِي قُلُوبِهِمْ قُلِ اسْتَزِرُّوْا إِنَّ اللَّهَ مُخْرِجٌ مَّا تَحْذَرُونَ

﴿٦٤﴾

Yahzarul munaafiqoona an tunaz zala 'alaihim Sooratun tunabbi 'uhum bima feequloobihim; qulistahzi'oo innal laaha mukhrijum maa tahzaroon

They hypocrites are apprehensive lest a surah be revealed about them, informing them of what is in their hearts. Say, "Mock [as you wish]; indeed, Allah will expose that which you fear."

قُلْ مَنْ يَرْزُقُكُمْ مِنَ السَّمَاءِ وَالْأَرْضِ أَمَّنْ يَمْلِكُ السَّمْعَ وَالْأَبْصَرَ وَمَنْ يُخْرِجُ الْحَيَّ مِنَ الْمَيِّتِ وَيُخْرِجُ الْمَيِّتَ مِنَ الْحَيِّ وَمَنْ يَدِيرُ الْأَمْرَ فَيَقُولُونَ اللَّهُ فَقُلْ أَفَلَا تَتَّقُونَ ﴿٣١﴾

Qul mai yarzuqukum minas samaa'i wal ardi ammany yamlikus sam'a wal absaara wa mai yukhrijul haiya minal maiyiti wa yikhrijul maiyita minal haiyi wa mai yudabbirul amr; fasa yaqooloonal laah; faqul afalaa tattaqoon

Say, "Who provides for you from the heaven and the earth? Or who controls hearing and sight and who brings the living out of the dead and brings the dead out of the living and who arranges [every] matter?" They will say, "Allah," so say, "Then will you not fear Him?"

وَقَالَ الَّذِينَ كَفَرُوا لِرُسُلِهِمْ لَنُخْرِجَنَّكُمْ مِنْ أَرْضِنَا أَوْ لَتَعُدَنَّ فِي مِلَّتِنَا فَأَوْحَى إِلَيْهِمْ رَبُّهُمْ لَنُهْلِكَنَّ الظَّالِمِينَ ﴿١٣﴾

Wa qaalal lazeena kafaroo li Rusulihim lanukhrijanna kum min aardinaaa aw lata'oo dunna fee millatinaa fa awhaaa ilaihim Rabbuhum lanuhlikannaz zalimeen

And those who disbelieved said to their messengers, "We will surely drive you out of our land, or you must return to our religion." So their Lord inspired to them, "We will surely destroy the wrongdoers."

قَالَ فَأَخْرِجْ مِنْهَا فَإِنَّكَ رَاجِمٌ ﴿34﴾

Qaala fakhruj minhaa fa innaka rajeem

[Allah] said, "Then get out of it, for indeed, you are expelled.

ثُمَّ كُلِي مِنْ كُلِّ الثَّمَرَاتِ فَاسْلُكِي سُبُلَ رَبِّكِ ذُلًّا يَخْرُجُ مِنْ بُطُونِهَا شَرَابٌ مُخْتَلِفٌ أَلْوَنُهُ فِيهِ
شِفَاءٌ لِلنَّاسِ إِنَّ فِي ذَلِكَ لَآيَةً لِّقَوْمٍ يَتَفَكَّرُونَ ﴿69﴾

Summma kulee min kullis samaraati faslukee subula Rabbiki zululaa; yakhruju mim butoonihaa sharaabum mukh talifun alwaanuhoo feehi shifaaa'ul linnaas, innna fee zaalika la Aayatal liqawminy yatafakkaroon

Then eat from all the fruits and follow the ways of your Lord laid down [for you]." There emerges from their bellies a drink, varying in colors, in which there is healing for people. Indeed in that is a sign for a people who give thought.

وَاللَّهُ أَخْرَجَكُمْ مِنْ بُطُونِ أُمَّهَاتِكُمْ لَا تَعْلَمُونَ شَيْئًا وَجَعَلَ لَكُمُ السَّمْعَ وَالْأَبْصَرَ وَالْأَفْئِدَةَ لَا لَعَلَّكُمْ
تَشْكُرُونَ ﴿78﴾

Wallaahu akhrajakum mim butooni ummahaatikum laa ta'lamoona shai'anw wa ja'ala lakumus sam'a wal absaara wal af'idata la'allakum tashkuroon

And Allah has extracted you from the wombs of your mothers not knowing a thing, and He made for you hearing and vision and intellect that perhaps you would be grateful.

* مِنْهَا خَلَقْنَكُمْ وَفِيهَا نُعِيدُكُمْ وَمِنْهَا نُخْرِجُكُمْ تَارَةً أُخْرَى ﴿55﴾

Minhaa khalaqnaakum wa feehaa nu'eedukum wa minhaa nukhrijukum taaratan ukhraa

From the earth We created you, and into it We will return you, and from it We will extract you another time.

كُلَّمَا أَرَادُوا أَنْ يَخْرُجُوا مِنْهَا مِنْ غَمٍّ أُعِيدُوا فِيهَا وَذُوقُوا عَذَابَ الْحَرِيقِ ﴿٢٢﴾

Kullamaa araadoo any yakhrujoo minhaa min ghammin u'eedoo feeha wa zooqoo 'azaabal hareeq

Every time they want to get out of Hellfire from anguish, they will be returned to it, and [it will be said], "Taste the punishment of the Burning Fire!"

أَيُّدُكُمْ أُنْكُمْ إِذَا مِتُّمْ وَكُنْتُمْ تُرَابًا وَعِظْمًا أَنْتُمْ مُخْرَجُونَ ﴿٣٥﴾

A-Ya'idukum annakum iza mittum wa kuntum turaabanw wa izaaman annakum mukhrajoon

Does he promise you that when you have died and become dust and bones that you will be brought forth [once more]?

قَالُوا رَبَّنَا غَلَبَتْ عَلَيْنَا شِقْوَتُنَا وَكُنَّا قَوْمًا ضَالِّينَ ﴿١٠٦﴾

Qaaloo Rabbanaa ghalabat 'alainaa shiqwatunaa wa kunnaa qawman daaalleen

They will say, "Our Lord, our wretchedness overcame us, and we were a people astray.

رَبَّنَا أَخْرِجْنَا مِنْهَا فَإِنْ عُدْنَا فَإِنَّا ظَالِمُونَ ﴿١٠٧﴾

Rabbanaa akhrijnaa minhaa fa in 'udnaa fa innaa zaalimoon

Our Lord, remove us from it, and if we were to return [to evil], we would indeed be wrongdoers."

* وَأَقْسَمُوا بِاللَّهِ جَهْدَ أَيْمَنِهِمْ لَئِنْ أُمِرَتُمْ أَنْ تَخْرُجُوا قُل لَّا تُقْسِمُوا طَاعَةٌ مَّعْرُوفَةٌ إِنَّ اللَّهَ خَبِيرٌ
بِمَا تَعْمَلُونَ ﴿٥٣﴾

Wa aqsamoo billaahi jahda aimaanihim la'in amartahum la yakhrujunna qul laa tuqsimoo taa'atum ma'roofah innal laaha khabeerum bimaa ta'maloon

And they swear by Allah their strongest oaths that if you ordered them, they would go forth [in Allah's cause]. Say, "Do not swear. [Such] obedience is known. Indeed, Allah is Acquainted with that which you do."

فَأَخْرَجْنَاهُمْ مِنْ جَنَّاتٍ وَعُيُونٍ ﴿٥٧﴾

Fa akhrajnaahum min Jannaatinw wa 'uyoon

So We removed them from gardens and springs

قَالُوا لَنْ لَمْ تَنْتَهَ يَلُوطُ لَتَكُونَنَّ مِنَ الْمُخْرَجِينَ ﴿١٦٧﴾

Qaloo la'il lam tantahi yaa Lootu latakoonanna minal mukhrajeen

They said, "If you do not desist, O Lot, you will surely be of those evicted."

أَرْجِعْ إِلَيْهِمْ فَلَنَأْتِيَنَّهُمْ بِجُنُودٍ لَا قِبَلَ لَهُمْ بِهَا وَلَنُخْرِجَنَّهُمْ مِنْهَا أَذِلَّةً وَهُمْ صَاغِرُونَ ﴿٣٧﴾

Irji' ilaihim falanaatiyan nahum bijunoodil laa qibala lahum bihaa wa lanukhri jannahum minhaaa azillatanw wa hum saaghiroon

Return to them, for we will surely come to them with soldiers that they will be powerless to encounter, and we will surely expel them therefrom in humiliation, and they will be debased."

وَقَالَ الَّذِينَ كَفَرُوا أَإِذَا كُنَّا تُرَابًا وَاَبَاؤُنَا إِنَّمَا لَمْخْرَجُونَ ﴿٦٧﴾

Wa qaalal lazeena kafarooo 'a-izaa kunnaa turaabanw wa aabaaa'unaaa a'innaa lamukhrajoon

And those who disbelieve say, "When we have become dust as well as our forefathers, will we indeed be brought out [of the graves]?"

وَجَاءَ رَجُلٌ مِّنْ أَقْصَا الْمَدِينَةِ يَسْعَىٰ قَالَ يَمُوسَىٰ إِنَّ الْمَلَأَ يَأْتَمِرُونَ بِكَ لِيَقْتُلُوكَ فَاخْرُجْ إِنِّي لَكَ
مِنَ النَّاصِحِينَ ﴿٢٠﴾

Wa jaaa'a rajulum min aqsal madeenati yas'aa qaala yaa Moosaaa innal mala a yaa tamiroona bika liyaqtulooka fakhruj innee laka minan naasiheen

And a man came from the farthest end of the city, running. He said, "O Moses, indeed the eminent ones are conferring over you [intending] to kill you, so leave [the city]; indeed, I am to you of the sincere advisors."

فَخَرَجَ مِنْهَا خَائِفًا يَتَرَقَّبُ ۖ قَالَ رَبِّ نَجِّنِي مِنَ الْقَوْمِ الظَّالِمِينَ ﴿٢١﴾

Fakharaja minhaa khaaa 'ifany-yataraqqab; qaala Rabbi najjinee minal qawmiz zaalimeen

So he left it, fearful and anticipating [apprehension]. He said, "My Lord, save me from the wrongdoing people."

يُخْرِجُ الْحَيَّ مِنَ الْمَيِّتِ وَيُخْرِجُ الْمَيِّتَ مِنَ الْحَيِّ وَيُحْيِي الْأَرْضَ بَعْدَ مَوْتِهَا ۚ وَكَذَٰلِكَ تُخْرَجُونَ ﴿١٩﴾

Yukhrijul haiya minal maiyiti wa yukhrijul maiyita minal haiyi wa yuhyil arda ba'da mawtihaa; wa kazaalika tukhrujoon

He brings the living out of the dead and brings the dead out of the living and brings to life the earth after its lifelessness. And thus will you be brought out.

وَمِنْ آيَاتِهِ أَنْ تَقُومَ السَّمَاءُ وَالْأَرْضُ بِأَمْرِهِ ۚ ثُمَّ إِذَا دَعَاكُم مِّنَ الْأَرْضِ إِذَا أَنتُمْ
تَخْرَجُونَ ﴿٢٥﴾

Wa min Aayaatihee an taqoomas samaaa'u wal ardu bi-amrih; summa izaad da'aakum da'watam minal ardi izaad antum takhrujoon

And of His signs is that the heaven and earth remain by His command. Then when He calls you with a [single] call from the earth, immediately you will come forth.

وَهُمْ يَصْطَرِحُونَ فِيهَا رَبَّنَا أَخْرِجْنَا نَعْمَلْ صَالِحًا غَيْرَ الَّذِي كُنَّا نَعْمَلُ ۖ أَوَلَمْ نُعَمِّرْكُم مَّا يَتَذَكَّرُ فِيهِ
مَنْ تَذَكَّرَ وَجَاءَكُمُ النَّذِيرُ فَذُوقُوا فَمَا لِلظَّالِمِينَ مِنْ نَصِيرٍ ﴿٣٧﴾

Wa hum yastarikhoona feehaa Rabbanaa akhrijnaa na'mal saalihaan ghairal lazee kunnaa na'mal; awa lamnu 'ammirkum maa yatazak karu feehi man tazakkara wa jaaa'akumun nazeeru fazooqoo fama lizzaalimeena min naseer

And they will cry out therein, "Our Lord, remove us; we will do righteousness - other than what we were doing!" But did We not grant you life enough for whoever would remember therein to remember, and the warner had come to you? So taste [the punishment], for there is not for the wrongdoers any helper.

وَأَيُّةٌ لَهُمُ الْأَرْضُ الْمَيِّتَةُ أَحْيَيْنَاهَا وَأَخْرَجْنَا مِنْهَا حَبًّا فَنَهُ يَأْكُلُونَ ﴿٣٣﴾

Wa Aayatul lahumul ardul maitatu ahyainaahaa wa akhrajnaa minhaa habban faminhu yaakuloon

And a sign for them is the dead earth. We have brought it to life and brought forth from it grain, and from it they eat.

يَعْلَمُ مَا يَلْجُ فِي الْأَرْضِ وَمَا يَخْرُجُ مِنْهَا وَمَا يَنْزِلُ مِنَ السَّمَاءِ وَمَا يَعْرُجُ فِيهَا ۚ وَهُوَ الرَّحِيمُ الْغَفُورُ

﴿٢﴾

Ya'lamu maa yaliju fil ardi wa maa yakhruju minhaa wa maa yanzilu minas samaaa'i wa maa ya'ruju feehaa; wa Huwar Raheemul Ghafoor

He knows what penetrates into the earth and what emerges from it and what descends from the heaven and what ascends therein. And He is the Merciful, the Forgiving.

قَالُوا رَبَّنَا أَمَتْنَاهُ اثْنَتَيْنِ وَأَحْيَيْتَنَا اثْنَتَيْنِ فَاعْتَرَفْنَا بِذُنُوبِنَا فَهَلْ إِلَى خُرُوجٍ مِّن سَبِيلٍ ﴿١١﴾

Qaaloo Rabbanaaa amat tanasnataini wa ahyaitanas nataini fa'tarafnaa bizunoo binaa fahal ilaa khuroojim min sabeel

They will say, "Our Lord, You made us lifeless twice and gave us life twice, and we have confessed our sins. So is there to an exit any way?"

وَالَّذِي نَزَّلَ مِنَ السَّمَاءِ مَاءً بِقَدَرٍ فَأَنْشَرْنَا بِهِ بَلْدَةً مَيْتًا ۚ كَذَلِكَ تُخْرَجُونَ ﴿١١﴾

Wallazee nazzala minas samaaa'i maaa'am biqadarin fa anshamaa bihee baldatam maitaa' kazaalika tukhrajoon

And who sends down rain from the sky in measured amounts, and We revive thereby a dead land - thus will you be brought forth -

وَكَأَيِّنْ مِنْ قَرْيَةٍ هِيَ أَشَدُّ قُوَّةً مِنْ قَرْيَتِكَ الَّتِي أَخْرَجْتَكَ أَهْلَكْنَاهُمْ فَلَا نَاصِرَ لَهُمْ ﴿١٣﴾

Wa ka ayyim min qaryatin hiya ashaddu quwwatam min qaryatikal lateee akhrajatka ahlaknaahum falaa naasira lahum

And how many a city was stronger than your city [Makkah] which drove you out? We destroyed them; and there was no helper for them.

أَمْ حَسِبَ الَّذِينَ فِي قُلُوبِهِمْ مَرَضٌ أَنْ لَنْ يُخْرِجَ اللَّهُ أَضْغَنَهُمْ ﴿٢٩﴾

Am hasibal lazeena fee quloobihim maradun al lan yukhrijal laahu adghaanahum

Or do those in whose hearts is disease think that Allah would never expose their [feelings of] hatred?

وَلَوْ قَتَلْتُمُ الَّذِينَ كَفَرُوا لَوَلَّوْا الْأَدْبَرَ ثُمَّ لَا يَجِدُونَ وَلِيًّا وَلَا نَصِيرًا ﴿٢٢﴾

Wa law qaatalakumul lazeena kafaroo la wallawul adbaara summa laa yajidoona waliyanw-wa laa naseeraa

And if those [Makkans] who disbelieve had fought you, they would have turned their backs [in flight]. Then they would not find a protector or a helper.

رِزْقًا لِلْعِبَادِ ۚ وَأَحْيَيْنَا بِهِ بَلْدَةً مَيْتًا ۚ كَذَلِكَ الْخُرُوجُ ﴿١١﴾

Rizqal lil'ibaad, wa ahyainaa bihee baldatam maitaa; kazaalikal khurooj

As provision for the servants, and We have given life thereby to a dead land. Thus is the resurrection.

يَوْمَ يَسْمَعُونَ الصَّيْحَةَ بِالْحَقِّ ۚ ذَٰلِكَ يَوْمُ الْخُرُوجِ ﴿٤٢﴾

Yawma yasmaoonas sai hata bilhaqq zaalika yawmul khurooj

The Day they will hear the blast [of the Horn] in truth. That is the Day of Emergence [from the graves].

فَأَخْرَجْنَا مَن كَانَ فِيهَا مِنَ الْمُؤْمِنِينَ ﴿٣٥﴾

Fa akhrajnaa man kaana feehaa minal mu'mineen

So We brought out whoever was in the cities of the believers.

خُشِعَا أَبْصَارُهُمْ يَخْرُجُونَ مِنَ الْأَجْدَاثِ ۖ كَأَنَّهُمْ جَرَادٌ مُّنتَشِرٌ ﴿٧﴾

khushsha'an absaaruhum yakrujoona minal ajdaasi ka annahum jaraadum muntashir

Their eyes humbled, they will emerge from the graves as if they were locusts spreading,

سَيُهْزَمُ الْجَمْعُ وَيُوَلُّونَ الدُّبُرَ ﴿٤٥﴾

Sa yuhzamul jam'u wa yuwalloonad dubur

[Their] assembly will be defeated, and they will turn their backs [in retreat].

يَخْرُجُ مِنْهُمَا اللُّؤْلُؤُ وَالْمَرْجَانُ ﴿٢٢﴾

Yakhruju minhumal lu 'lu u wal marjaanu

From both of them emerge pearl and coral.

هُوَ الَّذِي أَخْرَجَ الَّذِينَ كَفَرُوا مِنْ أَهْلِ الْكِتَابِ مِنْ دِيَارِهِمْ لِأَوَّلِ الْحَشْرِ مَا ظَنَنْتُمْ أَنْ يَخْرُجُوا
وَضَنُّوا أَنَّهُمْ مَانِعَتُهُمْ حُصُونُهُمْ مِنَ اللَّهِ فَأَتَتْهُمْ اللَّهُ مِنْ حَيْثُ لَمْ يَحْتَسِبُوا وَقَذَفَ فِي قُلُوبِهِمُ
الرُّعْبَ يُخْرِبُونَ بُيُوتَهُمْ بِأَيْدِيهِمْ وَأَيْدِي الْمُؤْمِنِينَ فَاعْتَبِرُوا يَا أُولِيَ الْأَبْصَارِ ﴿٢﴾

*Huwal lazeeee akharajal lazeena kafaroo min ahlil kitaabi min diyaarihim li awwalil Hashr; maa zanantum any
yakhrujoo wa zannooo annahum maa ni'atuhum husoonuhum minal laahi faataahumul laahu min haisu lam
yahtasiboo wa qazafa fee quloobihimur ru'ba yukhriboona bu yootahum bi aydeehim wa aydil mu'mineena
fa'tabiroo yaaa ulil absaar*

It is He who expelled the ones who disbelieved among the People of the Scripture from their homes at the first gathering. You did not think they would leave, and they thought that their fortresses would protect them from Allah; but [the decree of] Allah came upon them from where they had not expected, and He cast terror into their hearts [so] they destroyed their houses by their [own] hands and the hands of the believers. So take warning, O people of vision.

يَقُولُونَ لَنْ رَجَعْنَا إِلَى الْمَدِينَةِ لِيُخْرِجَنَا الْأَعَزُّ مِنْهَا الْأَذَلَّ وَلِلَّهِ الْعِزَّةُ وَلِرَسُولِهِ وَلِلْمُؤْمِنِينَ وَلَكِنَّ
الْمُنَافِقِينَ لَا يَعْلَمُونَ ﴿٨﴾

*Yaqooloona la'ir raja'naaa ilal madeenati la yukhrijanal a'azzu minhal azall; wa lillaahil 'izzatu wa li Rasoolihee wa
lilmu'mineena wa laakinnal munaafiqeena laa ya'lamoona*

They say, "If we return to al-Madinah, the more honored [for power] will surely expel therefrom the more humble." And to Allah belongs [all] honor, and to His Messenger, and to the believers, but the hypocrites do not know.

فَإِذَا بَلَغْنَ أَجَلَهُنَّ فَأَمْسِكُوهُنَّ بِمَعْرُوفٍ أَوْ فَارِقُوهُنَّ بِمَعْرُوفٍ وَأَشْهِدُوا ذَوَى عَدْلٍ مِّنكُمْ وَأَقِيمُوا
الشَّهَادَةَ لِلَّهِ ۚ ذَلِكُمْ يُوعَظُ بِهِ مَن كَانَ يُؤْمِنُ بِاللَّهِ وَالْيَوْمِ الْآخِرِ ۚ وَمَن يَتَّقِ اللَّهَ يَجْعَلْ لَهُ مَخْرَجًا

﴿2﴾

*Fa izaah balaghna ajalahunna fa amsikoohunna bima'roofin aw faariqoohunna bima'roofinw wa ashhidoo zawai
'adlim minkum wa aqeerush shahaadata lillaah; zaalikum yoo'azu bihee man kaana yu'minu billaahi wal yawmil
aakhir; wa many yattaqil laaha yaj'al laahoo makhrajaa*

And when they have [nearly] fulfilled their term, either retain them according to acceptable terms or part with them according to acceptable terms. And bring to witness two just men from among you and establish the testimony for [the acceptance of] Allah. That is instructed to whoever should believe in Allah and the Last day. And whoever fears Allah - He will make for him a way out

يَوْمَ يُخْرِجُونَ مِنَ الْأَجْدَاثِ سِرَاعًا كَأَنَّهُمْ إِلَىٰ نُصُبٍ يُوفِضُونَ ﴿43﴾

Yawma yakhrujoona minal ajdaasi siraa'an ka anna hum ilaa nusubiny yoofooon

The Day they will emerge from the graves rapidly as if they were, toward an erected idol, hastening.

ثُمَّ يَعِيدُكُمْ فِيهَا وَيُخْرِجُكُمْ إِخْرَاجًا ﴿18﴾

Summa yu'eedukum feehaa wa ukhrijukum ikhraajaa

Then He will return you into it and extract you [another] extraction.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

إِذَا السَّمَاءُ انشَقَّتْ ﴿1﴾

Izas samaaa'un shaqqat

When the sky has split [open]

وَأَذِنَتْ لِرَبِّهَا وَحُقَّتْ ﴿٢﴾

Wa azinat li Rabbihaa wa huqqat

And has responded to its Lord and was obligated [to do so]

وَإِذَا الْأَرْضُ مُدَّتْ ﴿٣﴾

Wa izal ardu muddat

And when the earth has been extended

وَأَلْقَتْ مَا فِيهَا وَتَخَلَّتْ ﴿٤﴾

Wa alqat maa feehaa wa takhallat

And has cast out that within it and relinquished [it]

وَأَذِنَتْ لِرَبِّهَا وَحُقَّتْ ﴿٥﴾

Wa azinat li Rabbihaa wa huqqat

And has responded to its Lord and was obligated [to do so] -

يَخْرُجُ مِنْ بَيْنِ الصُّلْبِ وَالتَّرَائِبِ ﴿٧﴾

Yakhruju mim bainissulbi wat taraaa'ib

Emerging from between the backbone and the ribs.

وَأَخْرَجَتِ الْأَرْضُ أَثْقَالَهَا ﴿٢﴾

Wa akh rajatil ardu athqaalaha

And the earth discharges its burdens

Ruqyah رُقْيَة

WITH NIZAM

This set is one of 34 in the verse library — themed Quran for every situation, free to read, listen to and print at www.ruqyahwithnizam.com/library/verses.

www.ruqyahwithnizam.com · TikTok & Instagram @ruqyahwithnizam

Everything here is free. Only a consultation, or the optional Guided membership, carries a price — for Nizam's time, never for ruqyah. Donations are optional.